



The Vth International Mieczyslaw Nowakowski Memorial Tournament
May 29-30.2010, Poland, Warsaw, Sport Club Marymont, 1 Potocka Str.

*We have pleasure to announced
that the Vth International Mieczyslaw Nowakowski Memorial Tournament
is organized under the honorary patronage
of the Marshal of the Sejm of the Republic of Poland Mr. Bronislaw Komorowski*

Categories:

- Recurve Bows – senior men, senior women, junior men, junior women, cadet women, cadet men
- Compound Bows – men open, women open

Program:

29.05.2010

9:00 – 9:30	warm up 60 m	recurve cadet men, cadet women
9:45	2 x 60m round	recurve cadet men, cadet women
12:00 - 13.00	registration and equipment inspection	
13.15	Opening Ceremony	
14.00-14:30	warm up 70 m,	
14:40	2 x 70m round	recurve: senior men, senior women, junior men, junior women, compound bows: men and women

30.05.2010

8.00-8:30	warm up 60m	recurve cadet men, cadet women
8.45	1 x 60m round	recurve cadet men, cadet women
10:15-10:45	The Special Short Round for recurve cadet men, cadet women	
11:00-11:30	warm up 70 m,	
11:45	1 x 70m round	recurve: senior men, senior women, junior men, junior women, compound bows: men and women
13:15	The Special Short Round for recurve: senior men, senior women, junior men, junior women, compound bows: men and women	
14.30 pm	Closing Ceremony, prize-giving	

Entry fee: 30 PLN

Prizes:

I-III place cups and diplomas for each categories and division

Special Awards:

Additional prizes given later by Sponsors will be announced in the Competition web site.

Additional information are included in the web site www.nowakowskimemorial.org.pl. The competition web site will be regularly updated. **Contact:** info@luksport.pl, ph. +48 22 833 7778

Accomodation:

Hostel TO-TU, 8 Krasiczyńska Str., located in North-East of Warsaw, about 10 km away from city center. Several bus lines give an quick access to all districts of Warsaw. Some supermarkets, shops, parks and restaurants are located in the neighbour. Hostel is a member of POLISH YOUTH HOSTEL ASSOCIATION (PYHA) which is a confirmation of solidity of services and good standard defined by this association. Studio 2+3 persons 45 zł/person, breakfast 12 zł/person, dinner 16 zł/person, breakfast + dinner 27 zł